

## 公民諮詢中心聯絡方式：

電話：

**0808 278 7910**

華語顧問：

**01752 982 890**

電郵地址：

[chinese@citizensadviceplymouth.org.uk](mailto:chinese@citizensadviceplymouth.org.uk)

## 普利茅斯公民諮詢局的服務中心：

提供面對面信息與建議

Cobourg House,  
Mayflower Street,  
PL1 1QX

服務時間：

9am – 4.30pm

網絡聊天：

<https://www.citizensadvice.org.uk/about-us/contact-us/contact-us/web-chat-service/>

Citizens Advice provides free, confidential, impartial and independent advice to help people overcome their problems.

We are a voice for our clients and consumers on the issues that matter to them.

We're here for everyone – whoever you are, whatever your problem.

公民諮詢提供免費、保密、公正和獨立的建議，幫助人們克服困難。我們是客戶和消費者所關注問題上的代言人。

無論您是誰，無論您有什麼問題，我們都會竭誠為您服務。

[www.citizensadviceplymouth.org.uk](http://www.citizensadviceplymouth.org.uk)



Citizens Advice is an operating name of The National Association of Citizens Advice Bureaux. Registered charity number 279057. Citizens Advice Plymouth charity registration number 1010421.

# Citizens Advice Plymouth services

**We are here for you, whoever you are, whatever your problem.**

**We provide free advice at any point in life.**

無論您是誰，無論您有什麼問題或在生活中遇到有需要幫助的困難，我們都能為您提供免費諮詢。



## 在人生的任何階段提供免費諮詢

有時候，我們會傾向於認為能否解決困難，當您遇到一些挑戰，不知道如何應對，我們都能為您解答問題。

在公民諮詢，我們相信無論您遇到什麼問題，都應該得到以適合您的方式獲得幫助。

## Free advice at any point in life

Life can be complicated. Sometimes you will face challenges along the way that you are not sure how to deal with and need help to overcome. That is why we are here.

At Citizens Advice, we believe you should be able to get help in a way that works for you, whatever issue you are faced with.

## 我們的業務

我們是一家本地的慈善機構，通過電話、網絡聊天或面對面的方式提供免費、公正、保密和獨立的建議，協助人們判斷應採取的步驟來克服困難。

我們不只是在危機時刻提供協助，我們還利用已確認數據來推動政策變革，使全體人民受益。

## What we do

We are a local charity that provides free, impartial, confidential and independent advice by telephone, webchat, or face to face to help people overcome their problems.

We are not just here for times of crisis. We also use our data to campaign for policy changes that benefit the population as a whole.



## 我們如何提供幫助

我們可以幫助您克服生活中可能會遇到的一些問題。無論多小或大的問題，我們都能協助您去解決。

本機構訓練有素的顧問擁有豐富的經驗，他們能在您最需要的時候為您提供建議和指導。

以下是我們免費提供的信息和建議範圍：

- 金錢與債務
- 工作
- 房屋問題
- 福利
- 消費者問題
- 家庭與人際關係
- 移民
- 健康

## How we can help

We can help you overcome some of the issues that life can throw at you no matter how big or small they may seem.

Our trained advisers have vast experience in offering advice and guidance when you need it most.

We give free information and advice on:

- Money and debt
- Employment problems
- Renting and housing
- Benefits
- Products and services
- Family and relationships
- Immigration
- Health